

# **COMMERCIAL BAKING**

## **PURPOSE**

To evaluate each contestant's preparation for employment and to recognize outstanding students for excellence and professionalism in the commercial baking field.

First, refer to General Regulations, Page 9.

### **CLOTHING REQUIREMENT**

White pants\* or black-and-white checkered chef's pants\*, white chef's shirt or coat\*, white or black leather work shoes, white apron, white chef's hat (paper or cloth) and hairnet. A white chef's scarf is optional.

These regulations refer to clothing items that are pictured and described at: <a href="https://www.skillsusastore.org">www.skillsusastore.org</a>. If you have questions about clothing or other logo items, call 800-401-1560 or 703-956-3723.

**Note:** Contestants must wear their official contest clothing to the contest orientation meeting.

#### ELIGIBILITY

Open to active SkillsUSA members enrolled in programs with commercial baking/pastry arts as the occupational objective.

# **EQUIPMENT AND MATERIALS**

- 1. Supplied by the technical committee:
  - a. All necessary equipment and food items
- 2. Supplied by the contestant (at least one of each, but more per item than specified is acceptable):
  - a. One palet knife
  - b. One hand whip
  - c. One large kitchen spoon
  - d. Three pastry bags, tips and scissors
  - e. One bowl scraper
  - f. One dough knife
  - g. One serrated knife
  - h. One pastry wheel
  - i. One bench brush

- j. One grease brush
- k. One pastry brush
- 1. One rolling pin
- m. Three side towels
- n. One cleaning towel
- o. One set of nested mixing bowls (1, 2 and 3 qt.)
- p. One cake comb
- g. Thermometer
- r. Times
- s. No other food items allowed (i.e., sprinkles, decorettes, etc.)
- t. A small (battery powered or spring) scale (2 lb. to 4 lb. capacity)
- u. All competitors must create a one-page résumé using a word processor and submit the résumé electronically at: <a href="https://www.skillsusa.org/compete/updates.shtml">www.skillsusa.org/compete/updates.shtml</a>. Check the Web site for further instructions.

# **SCOPE OF THE CONTEST**

The contest will be geared toward the commercial (retail) baking business rather than commercial restaurant business.

## Knowledge Performance

The contest will include a written knowledge test assessing baking fundamentals. The exam consists of 100 multiple-choice questions.

Topics of the exam include: weights, measures and general baking math; classifications and properties of ingredients; handling and storage of ingredients; safety and handling; yeast raised dough products; doughnut — cake and yeast raised; cake decorating; cakes; production, scheduling, planning; laminated doughs; cookies, pies and pastries; and customer service and merchandising of products.

The written test will be scheduled during a contestant meeting and held before the performance portion of the contest.

#### Skill Performance

The skill performance of the contest will be the actual preparation of goods and presentation of finished products ready for sale to customers.

#### **Contest Guidelines**

1. During the contest, a predetermined selection of all necessary food items will be provided.